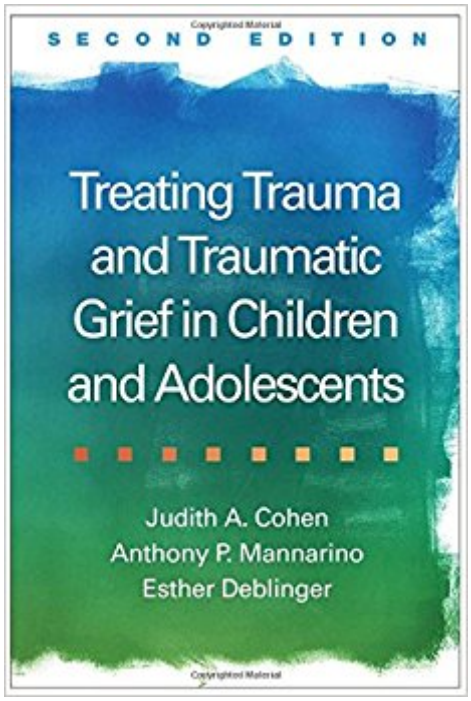
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Treating Trauma And Traumatic Grief In Children And Adolescents, Second Edition



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Synopsis

This authoritative guide has introduced many tens of thousands of clinicians to Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT), a leading evidence-based treatment for traumatized children and their parents or caregivers. Preeminent clinical researchers provide a comprehensive framework for assessing posttraumatic stress disorder (PTSD), other trauma-related symptoms, and traumatic grief in 3- to 18-year-olds; building core coping skills; and directly addressing and making meaning of children's trauma experiences. Implementation is facilitated by sample scripts, case examples, troubleshooting tips, and reproducible client handouts. Purchasers get access to a Web page where they can download and print the reproducible materials in a convenient 8 1/2" x 11" size. TF-CBT is listed in SAMHSA's National Registry of Evidence-Based Programs and Practices. New to This Edition *Incorporates a decade's worth of advances in TF-CBT research and clinical practice. *Updated for DSM-5. *Chapter on the model's growing evidence base. *Chapter on group applications. *Expanded coverage of complex trauma, including ways to adapt TF-CBT for children with severe behavioral or affective dysregulation. See also the edited volume Trauma-Focused CBT for Children and Adolescents: Treatment Applications for more information on tailoring TF-CBT to children's varying developmental levels and cultural backgrounds.

Book Information

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Customer Reviews

"This manual represents the gold standard for synthesizing the best research and clinical practice

into a coherent treatment model. Especially notable is the attention to ongoing developments in the field, such as the interest in a grief-related diagnosis. The authors are acutely sensitive to the needs of front-line clinicians working with complicated cases in various settings. They have expanded the original model in a way that is considerate of real-world challenges by offering therapists practical suggestions for adapting the core TF-CBT techniques to make them their own."--Robin F. Goodman, PhD, private practice, New York City; Executive Director, A Caring Hand organization and bereavement program "Developed by three of our most important child trauma researchers, TF-CBT represents a state-of-the-art approach for understanding and treating this underserved population. This second edition couldnÃ¢â ¬â„¢t be more timely for clinicians who work with children, adolescents, and families. The effectiveness of the approach is demonstrated in the authors' clinical research studies as well as studies from other laboratories across the world, and the inclusion of multiple clinical examples renders the book usable for clinicians of all backgrounds and training."--Terence M. Keane, PhD, National Center for PTSD, VA Boston Healthcare System, and Department of Psychiatry, Boston University School of Medicine "Covering every aspect of TF-CBT--including the critical role of the therapeutic relationship and the flexible use of treatment procedures--this book provides a complete understanding of our most effective treatment for children and youth with trauma-related problems. Practitioners will greatly appreciate the extensive case examples and excellent clinical materials. I have never read a treatment manual in which every point made was so thoroughly grounded in the most recent scientific research. From start to finish, the authors combine the best science and clinical experience with a laser focus on tailoring treatment to the individual needs of each child and family. This book is evidence-based practice at its best. It should be read and studied by every therapist working with traumatized children and youth."--Benjamin E. Saunders, PhD, Professor and Associate Director, National Crime Victims Research and Treatment Center, Department of Psychiatry and Behavioral Sciences, Medical University of South Carolina "Impressive. The authors interweave theory, research, and clinical insights to show how clinicians can engage traumatized children and their families in the process of change and recovery. The second edition includes extensive new research on both trauma- and grief-focused components and continues to provide a rich set of reproducible handouts. I recommend this book not only for clinicians working with traumatized youth, but also as a text that should be used at universities and colleges around the world."--Tine K. Jensen, PhD, Department of Psychology, University of Oslo, Norway "This outstanding second edition lays out both basic and sophisticated strategies, component by component. The authors reference the latest empirical findings from clinical trials, present useful case vignettes, and describe clinical complexities that

clinicians of all levels of experience may face in practice."--Lisa Amaya-Jackson, MD, MPH, UCLAÃ¢â ¬â œDuke National Center for Child Traumatic Stress, Duke University School of MedicineÃ¢â ¬Å“The ideal source for therapists with children and adolescent clients who have experienced a trauma....As a community therapist, I found this book refreshing, usable, and immediately helpful.Ã¢â ¬Â• (on the first edition) (PsycCRITIQUES 2007-06-01)Ã¢â ¬Å“Describes what some consider the best available treatment for children who are suffering from the sequelae to trauma....[It] is well written and the treatment protocol is easy to follow....Highly recommended for clinicians working with child and adolescent clients who suffer from depression, anxiety, and posttraumatic stress symptoms.Ã¢â ¬Â• (on the first edition) (Journal of Contemporary Psychotherapy 2007-06-01)Ã¢â ¬Å“Seasoned clinicians will benefit greatly from this text in updating their skills and knowledge of current evidence-based practice in the treatment of children and adolescents who have been traumatized. For novice clinicians, the work by Cohen and her colleagues should be required as a part of any clinical training focused on trauma.Ã¢â ¬Â• (on the first edition) (Child and Adolescent Social Work Journal 2009-06-01)Ã¢â ¬Å“The authors of this marvelous text have undertaken more randomized control trials than any other group of the effects of trauma-focused cognitive behavioral therapy (TF-CBT) for children presenting posttraumatic stress disorder (PTSD)....There is a great deal of experience and wisdom in the very clear and practical 'lessons' incorporated in this text.Ã¢â ¬Â• (on the first edition) (Bereavement Care 2007-11-01)Ã¢â ¬Å“A well-written, practical, and theoretical guide for individuals working with children, adolescents, and their families. Cohen, Mannarino, and Deblinger, who are accomplished leaders in the field, have successfully compiled their previous research with knowledge gained from community practitioners in an eloquent and practical manner. The book provides a tremendously useful bridge from theoretical construct to hands-on treatment.Ã¢â ¬Â• (on the first edition) (Best Practices in Mental Health 2007-01-01)

Judith A. Cohen, MD, a board-certified child and adolescent psychiatrist, is Medical Director of the Center for Traumatic Stress in Children and Adolescents at Allegheny General Hospital in Pittsburgh, Pennsylvania, and Professor of Psychiatry at Drexel University College of Medicine. Since 1983, Dr. Cohen has conducted research on the assessment and treatment of traumatized children. With Anthony P. Mannarino and Esther Deblinger, she has developed and tested TF-CBT for children and their nonoffending parents. She has served on the boards of directors of the American Professional Society on the Abuse of Children (APSAC) and the International Society for Traumatic Stress Studies (ISTSS), and is a recipient of the Sarah Haley Memorial Award for Clinical

Excellence from ISTSS, the Outstanding Professional Award from APSAC, and the Rieger Award for Scientific Achievement from the American Academy of Child and Adolescent Psychiatry (AACAP). She is coauthor of the treatment guidelines for treating posttraumatic stress disorder (PTSD) published by ISTSS and principal author of the practice parameters for treating PTSD in children and adolescents published by AACAP. Dr. Cohen consults on the treatment of childhood traumatic grief to Sesame Workshop and the Tragedy Assistance Program for Survivors. With Anthony P. Mannarino and Esther Deblinger, Dr. Cohen is coauthor of Treating Trauma and Traumatic Grief in Children and Adolescents, Second Edition, and coeditor of Trauma-Focused CBT for Children and Adolescents: Treatment Applications. Anthony P. Mannarino, PhD, is Director of the Center for Traumatic Stress in Children and Adolescents and Vice Chair of the Department of Psychiatry at Allegheny General Hospital in Pittsburgh, Pennsylvania,Ã Â and Professor of Psychiatry at Drexel University College of Medicine. A leader in the field of child traumatic stress since the 1980s, Dr. Mannarino has conducted extensive research on the clinical course of traumatic stress symptoms in children and the development of effective treatment approaches for traumatized children and their families. He is the recipient of honors including the Child Maltreatment Article of the Year Award from the American Professional Society on the Abuse of Children (APSAC) and the Legacy Award from the Greater Pittsburgh Psychological Association. A past president of APSAC and of the Section on Child Maltreatment of the Society for Child and Family Policy and Practice (Division 37) of the American Psychological Association, he maintains an active clinical practice. With Judith A. Cohen and Esther Deblinger, Dr. Mannarino is coauthor of Treating Trauma and Traumatic Grief in Children and Adolescents, Second Edition, and coeditor of Trauma-Focused CBT for Children and Adolescents: Treatment Applications. Esther Deblinger, PhD, is Professor of Psychiatry at Rowan University School of Osteopathic Medicine in Stratford,Ã Â New Jersey, where she is also Cofounder and Codirector of the CARES (Child Abuse Research Education and Service) Institute. Dr. Deblinger has conducted extensive research on the mental health impact of child abuse and the treatment of posttraumatic stress disorder and other abuse-related difficulties. She has written numerous scientific articles and book chapters, as well as books for professionals and educational books for children. Dr. Deblinger is a frequent invited speaker at local, national, and international conferences and has served on the board of the American Professional Society on the Abuse of Children (APSAC). She is a recipient of honors including the Outstanding Research Career Achievement Award from APSAC and the Rosenberry Award from the Children's Hospital Colorado. In addition to her administrative, research, and teaching responsibilities, she remains active as a clinician and supervisor. With Judith A. Cohen and

Anthony P. Mannarino, she is coauthor of Treating Trauma and Traumatic Grief in Children and Adolescents, Second Edition, and coeditor of Trauma-Focused CBT for Children and Adolescents: Treatment Applications. Ã Â

I really like this book and approach. It provides background, scientific research, and sufficient structure for treatment fidelity without limiting clinicians' ability to meet individual client/patient needs. What I would have liked--and this may be directed more toward the publisher than the authors--is more clarity on the reproducible handouts available. I found the handouts on trauma related to domestic violence and sexual abuse very good, as well as those on relaxation, affect, and cognition. What I was after* was material on trauma in general, useful for those whose trauma stemmed from neglect or abandonment, psychological abuse, or environmental causes, such as a car wreck or explosion. That said, the excellence of this book and its approach far outweigh the limitation noted.* and spent and additional sum on the e-book, while waiting for my hard copy to arrive.

very good info

I receive it immediately as you said, great , thank you

Great book! Very helpful when working with traumatized children and families. It is comprehensive and covers assessment and intervention in depth as well as symptomatically and family system impacts of traumatic loss.

I found the text to be timely, comprehensive, and helpful. I highly recommend it for students and clinicians.

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Loved One Infants, Children, and Adolescents (8th Edition) (Berk & Meyers, The Infants, Children, and Adolescents Series, 8th Edition) The Oxygen Revolution: Hyperbaric Oxygen Therapy: The New Treatment for Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury, Stroke, Autism and More Headache and Your Child: The Complete Guide to Understanding and Treating Migraine and Other Headaches in Children and Adolescents Understanding, Diagnosing, and Treating ADHD in Children and Adolescents: An Integrative Approach (Reiss-Davis Child Study Center, Volume 3) Treating Somatic Symptoms in Children and Adolescents (Guilford Child and Adolescent Practitioner Series) Windows into the A.D.D. Mind: Understanding and Treating Attention Deficit Disorders in the Everyday Lives of Children, Adolescents and Adults 101 Mindful Arts-Based Activities to Get Children and Adolescents Talking: Working with Severe Trauma, Abuse and Neglect Using Found and Everyday Objects Oral and Dental Trauma in Children and Adolescents (Oxford Medical Publications) CBT Toolbox for Children and Adolescents: Over 220 Worksheets & Exercises for Trauma, ADHD, Autism, Anxiety, Depression & Conduct Disorders Trauma-Focused CBT for Children and Adolescents: Treatment Applications Treating Complex Traumatic Stress Disorders (Adults): Scientific Foundations and Therapeutic Models Treating Complex Traumatic Stress Disorders (Adults): An Evidence-Based Guide Grief Counseling and Grief Therapy, Fourth Edition: A Handbook for the Mental Health Practitioner Trauma and Memory: Brain and Body in a Search for the Living Past: A Practical Guide for Understanding and Working with Traumatic Memory Coping with Concussion and Mild Traumatic Brain Injury: A Guide to Living with the Challenges Associated with Post Concussion Syndrome and Brain Trauma

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